

TODAYS MENU

9-5 MONDAY TO SATURDAY

BREKKIE

EAT IN TAKEAWAY

LARGE FRY **£11.25** **£10.75**
2 sausage, 2 eggs, 2 bacon, soda bread, potato bread, beans, mushrooms and hash brown

MEDIUM FRY **£10.25** **£9.75**
Sausage, bacon, egg, black pudding, soda bread, potato bread, beans, mushrooms and hash brown

SMALL FRY **£9.25** **£8.75**
Sausage, bacon, egg, soda bread, potato bread, beans or mushrooms

FULL SODA **£9.25** **£8.75**
With 2 Sausage, 2 bacon and 1 egg

BACON OR SAUSAGE BAP **£5.50** **£5.00**

PORRIDGE **£4.95** **£4.95**
With banana and honey

TOASTED BAGEL **£6.25** **£6.25**
Served with cream cheese or peanut butter dd bacon £2.30

TOASTED PANCAKES with maple syrup **£6.60**
add BACON £2.30

SMASHED AVOCADO, poached eggs **£9.25**
& sourdough bread
add BACON £2.30

YOGI BOWL greek yoghurt, banana, blueberries, chia & honey **£6.95** **NEW**
Extra Protein add peanut butter £1.50

TOAST with jam & butter **£2.70** **£2.70**
sourdough add 20P

BREAKFAST OMELETTE **£10.25**
WITH A CHOICE OF 2 FILLINGS.
SERVED WITH SALAD OR
WHOLEMEAL TOAST

Available from 9 - 12

HOT FOOD

EAT IN TAKEAWAY

GRILLED BEEF BURGER/
VEGGIE BURGER **£14.75** **£12.95**
Served with cheddar cheese, mixed salad and house fries

add PEPPER SAUCE OR ONION
RINGS, OR COLESLAW **£2.00**

CHICKEN CURRY **£14.75** **£12.95**
Served with rice, chips or half and half

SOUTHERN FRIED GOUJONS **£14.75** **£12.95**
Served with coleslaw, mixed salad and house fries

LASAGNE **£14.75** **£12.95**
Served with mixed salad and house fries

ROAST BEEF **£16.50** **£15.25**
Roast silverside of beef served with champ, seasonal vegetables and Yorkshire pudding

FRESH COD **£16.50** **£15.25**
Served with tartar sauce, mixed salad and house fries

BAKED POTATO **£11.50** **£10.50**
Served with a choice of two cold fillings and garnish

FOR THE WEE UN'S

under 10 years

EAT IN

CHICKEN GOUJONS, BEANS
AND CHIPS OR MASH **£7.95**

SAUSAGE, BEANS
AND CHIPS OR MASH **£7.95**

TOMATO PASTA
AND GARLIC BREAD **£7.95**

MINI ME (kids under 10 yrs only) **£11.50**
Anything from the main menu in a smaller portion

KIDS MEALS ARE SERVED WITH A CARTON
OF JUICE OR A BOTTLE OF WATER
AND A WHIPPED ICE CREAM CONE



JAM

Unit 23, Park Centre, Donegal Road, Belfast BT12 6HN.
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TODAYS MENU

9-5 MONDAY TO SATURDAY

SANDWICHES/ BAGUETTES/CIABATTA

	EAT IN	TAKEAWAY
SOUTHERN BELLE	£8.15	£7.10
Hot southern fried fillet of chicken, mixed salad and coleslaw		
CHICKEN AND BACON CAESAR	£8.15	£7.10
Bacon, sliced chicken, mixed salad and caesar dressing		
TUNA CRUNCH	£8.15	£7.10
Tuna, sweet chilli mayo, peppers and spring onion		
VEGGIE DELIGHT	£8.15	£7.10
Feta cheese, roasted peppers, sun-blushed tomatoes, spring onion and a french dressing		
YUMMY PEPPERED CHICKEN	£8.15	£7.10
Peppered chicken, red onion, lettuce and cherry tomatoes		
EGG MAYO TWIST	£8.15	£7.10
Egg, Scallion, Lettuce, Mayo, Avocado		
CREATE YOUR OWN	£8.15	£7.10
Choose 2 meat or cheese filling and 3 salads		
EXTRA FILLINGS - MEAT £1.35/VEGGIE 95P/CIABATTA 95P		

MELTS

	EAT IN	TAKEAWAY
CLASSIC HAM AND CHEDDAR		
- Toastie	£8.25	£7.95
- Panini	£9.25	£8.55
SALAMI, SWISS CHEESE AND CHERRY TOMATOES		
- Toastie	£8.25	£7.95
- Panini	£9.25	£8.55
VEGGIE DELIGHT		
- Toastie	£8.25	£7.95
- Panini	£9.25	£8.55
CREATE YOUR OWN (ANY 2 FILLINGS)		
- Toastie	£8.25	£7.95
- Panini	£9.25	£8.55
CLASSIC CLUB	£9.45	£9.15

ALL SERVED WITH CRISPS & GARNISH

HOT WRAPS

	EAT IN	TAKEAWAY
MEXICAN CHICKEN	£9.25	£8.95
Southern fried goujons, jalapeno peppers, cheese, red onion, and salsa sauce		
SOUTHERN FRIED CHICKEN	£9.25	£8.95
Lettuce, tomato, red onion, creamy coleslaw		
PEPPERED CHICKEN	£9.25	£8.95
Peppered Chicken, Red Onion, Lettuce Cheddar Cheese, Cherry Tomatoes ch		
VEGGIE DELIGHT (V)	£9.25	£8.95
Feta cheese, roasted peppers, sun-blushed tomatoes, spring onion and french dressing		

SALADS

	EAT IN	TAKEAWAY
MEXICAN CHICKEN	11.25	£10.50
Goujons with jalapeno peppers, cherry tomatoes, cheddar cheese, romaine lettuce, and red onions, topped with a salsa sauce		
SOUTHERN FRIED CHICKEN SALAD	11.25	£10.50
Served with avocado, tomato wedges, hard-boiled egg, romaine lettuce and South West dressing		
CHICKEN & BACON CAESAR	11.25	£10.50
Add crutons £1.20 add garlic bread £1.95		
VEGGIE DELIGHT SALAD	11.25	£10.50
Feta cheese, lettuce sundried tomato, cucumber, spring onion, roasted peppers, French dressing		
CREATE YOUR OWN	11.25	£10.50
Choice of meat, cheddar cheese, egg, coleslaw, lettuce, tomato, cucumber, red onion, peppers and choice of dressing		

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